

BECAUSE YOU LOVED ME



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Music: "Because You Loved Me", by Celine Dion, Falling Into You CD, Track 2
Rhythm & Phase: Slow Two-Step, Phase V Slow Music To Comfort Released: Aug, 2012
Footwork: Directions for M, W normal opposite, exceptions in ()
Sequence: Introduction, A, B, A, B Mod 1, A Mod, B Mod 2

INTRO

Left Shadow Pos – FC LOD – M to R of W - Left Foot Free For Both –
Wait The Lead Words "For All The" [Start on "Times"]

PART A

[1-4] Step Side & Run Out 2 ; Switch & Run In 2 ; Switch & Run Out 2 [Join Right Hands] ; Shadow Reverse Underarm Turn ;

SQQ; [Step Side & Walk Out 2] Sd L arm sweep L hnd, -, fwd R DLW, XLIF of R
(Sd L arm sweep L hnd, -, fwd R, XLIF of R) ;
SQQ; [Switch & Walk In 2] Sd R trn ¼ LF arm sweep R hnd, -, fwd L DLC,
XRIF of L (Sd R trn ¼ LF arm sweep R hnd, -, fwd L, XRIF of L) ;
SQQ; [Switch & Walk Out 2] Sd L trn ¼ RF arm sweep L hnd, -, fwd R DLW, XLIF
of R (Sd L arm sweep L hnd, -, fwd R, XLIF of R) ;
SQQ; [Shadow Reverse Underarm Turn] Sd R arm sweep R hnd jn R hnds, -, comm
LF trn raise R hnd ovr W hd fwd L, cont LF trn raise L hnd ovr W hd bk R ;
(Sd R flair R hnd, -, comm LF trn fwd L, cont LF trn, bk R) ;

[5-6] Step Side & Run Out 2 ; Lady LF Turn to FC – Man 2 (FC Reverse) ;

SQQ; [Step Side & Run 2] Sd L, -, fwd R DLW, XLIF of R (Sd L, -, fwd R, XLIF of R) ;
S-Q; (SQQ); [Lady LF Turn FC – Man 2] Sd R, -, -, fwd L trn LF to FC DRC ;
(Sd R, -, fwd L trng LF, fwd R trng LF FC DLW) ;

[7-9] 3 Back Traveling Cross Chasse ;; (FC Wall) ;

SQQ; SQQ; SQQ [3 Back Traveling Cross Chasses] In BFLY bk R trng LF, -, sd L, XRIF of L (Fwd L
trng LF, -, sd R, XLIF of R) ; Bk L trng RF, -, sd R, XLIF of R (Fwd R trng RF, -, sd
L, XRIF of L) ; Bk R trng LF, -, sd L, XRIF of L (Fwd L trng LF, -, sd R, XLIF of R)
FC wall;

[10-12] Spot Turn ; Step Ronde Behind Side ; Roll 3 ;

SQQ; [Spot Turn] Sd L tch ld hnds palm-to-palm, -, XRIF of L trng ½ LF, rcvr L
trng LF; (Sd R comm to trn RF undr jnd ld hnds, -, XLIF of R tng ½ RF, rcvr
fwd on R trng LF to FC prtnr) ;
SQQ; [Step Ronde Behind Side] Sd R, flair L bhnd R, L, sd R ;
(Sd L, flair R bhnd L, R, sd L) ;
SQQ; [Roll 3] Roll RF L, -, R, XLIF of R (Roll LF R, - L, XRIF of L) to FC prtnr ;

[13-15] Lunge Basic ; Right Turn With Outside Roll ; Fence Line ;

SQQ; [Lunge Basic] Sd R with slight lunge action, -, rcvr L, XRIF of L ;
SQQ; [Right Turn With Outside Roll] Crossing frnt of W sd and bk L end FC
RLOC, -, cont RF trn sd R FC COH Idg W undr jnd ld hnds, XLIF of R to FC
prtnr (Fwd R comm RF twirl undr ld hnds, -, fwd L, fwd & sd R to FC prtnr) ;
SQQ; [Fence Line] BFLY pos sd R, -, cross lunge thru L, rcvr R ;

[16-18] Wrap – Man Transition 2 ; Sweet Heart Runs ;;

SS; SQQ; [Wrap – Man Transition] Fwd L, -, fwd R, - wrap on W L sd (Fwd R curv LF,
-, fwd L, fwd R) FC LOD ;
SQQ; SQQ; [Sweetheart Runs] Fwd L, -, fwd R, fwd L (Fwd R, -, fwd L, fwd R) ;

Fwd R, -, fwd L, fwd R (Fwd L, -, fwd R, fwd L) ;

[19-21] Sweetheart Switch ; Woman Across Man ; Hip Lift (In Shadow) ;

SQQ; [Sweetheart Switch] Fwd & sd L across W tm RF to FC DLC W on inside of circle (W tm RF to step sd & slgt bk L cont to tm RF to maintain wrapped pos),-, fwd R, fwd L to fc LOD;
SQQ; [Woman Across Man] Fwd R small step extend wrapped arms to allow W to get in frnt (W fwd L slight in front of M to start to go to outsd of circle),-, fwd L, fwd R larger step than W to wrap pos on inside of circle to cut in frnt of W start RF trn;
SQQ; [Hip Lift] Sd L brng free ft to weighted ft, -, with slight press on R lift hip, lower hip (Sd L brng free ft to weighted ft, -, with slight press on R lift hip, lower hip) ;

[22] Lady Turn Transition 2 To FC – Man Hip Lift ;

SQQ; SS; [Lady Turn Trans 2 – Man Hip Lift] Sd R, -, with slight press on L lift hip, lower hip (Comm RF trn R, -, cont RF trn cls L, -) ;

PART B

[1-5] Basic ;; Start A Triple Traveler ;; Wrap Lady – FC LOD ;

SQQ; SQQ; [Basic] Sd L, -, XRIB of Lt, rcvr L ; Sd R, -, XLIB of R, rcvr R ; (Sd R, -, XLIB of R, rcvr R ; Sd L, -, XRIB of L, rcvr L) ;
SQQ; SQQ; [Start A Triple Traveler] Fwd L comm L fc upper bdy trn to ld W to M's L sd raising ld hnds to start W into LF trn, -, fwd R, fwd L ; Fwd R spiral LF undr jnd hnds, -, fwd L, fwd R (Bk R trn 1/4 LF, -, cont trn sd & fwd L trng 1/2 undr jnd ld hnds, sd & fwd R cont trn to FC LOD ; fwd L, -, R, L ;)
SQQ; [Wrap Lady] Fwd L brng jnd hnds dwn & bk in a cont circular motion to ld W into a RF trn, -, fwd & sd R to FC prtnr, XLIF of R ; (Fwd R comm RF trn, -, sd L cont RF trn undr ld hnds, fwd R ;

[6-7] Fwd Check Recover FC ; Cross Body ;

SQQ; [Fwd Check Recover FC] Fwd R, -, Fwd L chckg, rcvr R to FC prtnr ; (Fwd L, -, fwd R chckg, rcvr L to FC prtnr) ;
SQQ; [Cross Body] Sd L jn ld hnds, -, comm. LF trn bk R, cont LF trn fwd L ;

[8-9] [Left Over Right] Double Hand Trade Places – Twice ;;

SQQ; SQQ; [Double Hand Trade Places] Chng hnds L ovr R sd R, -, bk L, fwd R trn RF ½ (Chng hnds L ovr R sd L, -, bk R, fwd L trn RF ½); Sd L, -, bk R, fwd L trn LF ½ (Sd R, -, bk L, fwd R trn LF ½);

[10-11] Right Turn With Lady Reverse Underarm Turn To Bolero BJO ;;

SQQ; SQQ; [Handshake Right Turn with Reverse Underarm Turn To Bolero BJO] Fwd L raising ld hnds to trn W comm RF trn, -, XRIF of L cont RF trn, Sd R cont RF trn still in hndshk (Comm LF trn sd R, -, cont LF trn sd L, cont LF trn sd R FC prtnr) to Bolero BJO ; Fwd R cont RF trn lowering ld hnds, -,cont RF trn fwd L, cont RF trn fwd R (Cont LF trn fwd L, -, cont LF trn fwd R, cont LF trn fwd L) ;

[12-15] Wheel 6 ;; Basic Ending [FC Wall] ; Underarm Turn ;

SQQ; SQQ; [Wheel 6] Fwd L start RF trn R hnd on W L hip, -, fwd R cont RF trn, fwd L cont RF trn (comm RF trn on R, -, L cont RF trn, R cont RF trn) ; Fwd R trn RF R hnd on W L hip, -, fwd L cont RF trn, fwd R cont RF trn (Fwd L trn RF R hnd on M L hip, -, fwd R cont RF trn, fwd L cont RF trn);
SQQ; [Basic Ending] Sd R, -, XLIB of R, rcvr R (Sd L, -, XRIB of L, rcvr L) ;
SQQ; [Underarm Turn] Sd L ld hnds palm-to-palm, -, XRIB of L, rcvr L ; (Sd R comm trn RF undr jnd ld hnds, -, XL ovr R to LOD cont trn RF 1/2, rcvr fwd on R complete trn to FC prtnr) ;

[16-17] Reverse Underarm Turn ; Hip Lift – Lady Forward ;

SQQ; [Reverse Underarm Turn] Sd R jn ld hnds palm-to-palm, -, XLIF of R, rcvr R ;
(Sd L comm LF trn undr jnd ld hnds, -, XR ovr L to LOD cont trng LF 1/2, rcvr fwd
on L complete trn to FC prtnr) ;
SQQ; [Hip Lift] Sml sd L brng free ft to weighted ft, -, with slight press on free
ft lift hip, lower hip ;

[18] Reverse Underarm Wrap – Lady 2 – FC Line ;

SQQ; (SS); [Wrap] Sd R, -, XLIF of R, fwd R trng LF FC LOD
(Fwd L spinning LF,- , cls R FC LOD,-) ;

Repeat Part A

Part B Modified 1

[1-5] Basic ;; Start A Triple Traveler ;; Wrap Lady – FC LOD ;
[6-7] Fwd Check Recover FC ; Cross Body ;
[8-9] [Left Over Right] Double Hand Trade Places – Twice ;;
[10-11] Right Turn With Lady Reverse Underarm Turn To Bolero BJO ;;
[12-14] Wheel 6 ;; Basic Ending [FC Wall] ;
[15-16] Hip Lift – Lady Forward ; Rev Underarm Wrap – Lady 2 – FC Line ;

PART A Modified

**[1-4] Side Step & Run 2 ; Switch & Run 2 ; Swtich & Run 2 [Join Right
Hands] ; Shadow Reverse Underarm Turn ;**
[5-6] Side Step & Run 2 ; Lady Turn FC – Man 2 (FC Reverse) ;
[7-10] 3 Back Traveling Cross Chasse ;; (FC Wall) ; Spot Turn ;
[11-13] Step Ronde Behind Side ; Roll 3 ; Lunge Basic ;
[14-16] Right Turn With Outside Roll ; Bring The Lady Across ; Rock 2 ;
SQQ; [Bring The Lady Across] Fwd L, -, fwd R, - fwd L (Fwd R, -, fwd L, fwd R)
FC prtnr ;
SS; [Rock 2] Sd L, -, sd R, - (Sd R, -, sd L, -) ;

Part B Modified 2

[1-5] Basic ;; Start A Triple Traveler ;; Wrap Lady – FC LOD ;
[6-7] Fwd Check Recover FC ; Cross Body ;
[8-9] [Left Over Right] Double Hand Trade Places – Twice ;;
[10-11] Right Turn With Lady Reverse Underarm Turn To Bolero BJO ;;
[12-14] Bolero BJO Wheel 6 ;; Basic Ending [FC Wall] ;
[15] Side To Cuddle Embrace
S-; [Side To Cuddle Embrace] Sd L brng W to cuddle pos ; (Fade Music Out)

Because You Loved Me (Quick Cues)

INTRO

Left Foot Free For Both – Wait The Lead Words “For All The” [Start on “Times”];

PART A

Step Side & Run 2 ; Switch & Run 2 ; Switch & Run 2 [Join Right Hands] ;
Shadow Reverse Underarm Turn ; Step Side & Run 2 ;
Lady Turn FC – Man 2 (FC Reverse) ; 3 Back Traveling Cross Chasse ;; (FC Wall) ;
Spot Turn ; Step Ronde – Behind Side ; Roll 3 ; Lunge Basic ;
Right Turn With Outside Roll ; Bolero Fence Line ; Wrap – Man Transition 2 (FC LOD) ;
Sweet Heart Runs ;; Sweetheart Switch ; Woman Across Man (FC Wall) ;
Hip Lifts (In Shadow) ; Lady Turn Transition 2 To FC ;

PART B

Basic ;; Start A Triple Traveler ;; Wrap Lady (FC Line) ;
Fwd Check Recover & FC ; Cross Body (Left Over Right) ;
Double Hand - Trade Places – Twice ;;
Right Turn With Lady Reverse Underarm Turn To Bolero BJO ;;
Wheel 6 ;; Basic Ending (FC Wall) ; Underarm turn ;
Reverse Underarm Turn ; Hip Lift – Lady Forward ;
Reverse Underarm Wrap – Lady 2 – FC Line ;

PART A

Step Side & Run 2 ; Switch & Run 2 ; Switch & Run 2 [Join Right Hands] ;
Shadow Reverse Underarm Turn ; Step Side & Run 2 ;
Lady Turn FC – Man 2 (FC Reverse) ; 3 Back Traveling Cross Chasse ;; (FC Wall) ;
Spot Turn ; Step Ronde – Behind Side ; Roll 3 ; Lunge Basic ;
Right Turn With Outside Roll ; Bolero Fence Line ; Wrap – Man Transition 2 (FC LOD) ;
Sweet Heart Runs ;; Sweetheart Switch ; Woman Across Man (FC Wall) ;
Hip Lifts (In Shadow) ; Lady Turn Transition 2 To FC ;

PART B Mod 1

Basic ;; Start A Triple Traveler ;; Wrap Lady (FC Line) ;
Fwd Check Recover & FC ; Cross Body (Left Over Right) ;
Double Hand - Trade Places – Twice ;;
Right Turn With Lady Reverse Underarm Turn To Bolero BJO ;;
Wheel 6 ;; Basic Ending (FC Wall) ;
Hip Lift – Lady Forward ; Reverse Underarm Wrap – Lady 2 – FC Line ;

PART A Mod

Step Side & Run 2 ; Switch & Run 2 ; Switch & Run 2 [Join Right Hands] ;
Shadow Reverse Underarm Turn ; Step Side & Run 2 ;
Lady Turn FC – Man 2 (FC Reverse) ; 3 Back Traveling Cross Chasse ;; (FC Wall) ;
Spot Turn ; Step Ronde – Behind Side ; Roll 3 ; Lunge Basic ;
Right Turn With Outside Roll ; Bring The Lady Across ; Rock 2 ;

PART B Mod 2

Basic ;; Start A Triple Traveler ;; Wrap Lady (FC Line) ;
Fwd Check Recover & FC ; Cross Body (Left Over Right) ;
Double Hand - Trade Places – Twice ;;
Right Turn With Lady Reverse Underarm Turn To Bolero BJO ;; Wheel 6 ;;
Basic Ending (FC Wall) ; Side To Cuddle Embrace ;