

BREAK UP TO MAKE UP

Choreographers: Paul & Linda Robinson, 14471 South 4050 Rd, Oologah, OK 74053
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Music: "Break Up To Make Up" By The Stylistics (4:00)

Album: The Best Of The Stylistics
- Download available from Amazon -

Phase: II – Rhythm: Waltz – Speed: Increase 13% (~51 RPM)
Difficulty: Easy

Footwork: Opposite unless otherwise noted

Sequence: Intro-A-B-A-B-END

Released: May 2015

INTRO

1-4 1 Measure Wait ; Step Together Touch (To Close) ; Dip Back & Hold ; Forward Touch ;

123 {Wait} Opn FC wall – Trail hns jnd - Trail ft free – 1 measure wait ;

123 {Step Together Touch} Fwd R cls up & hold (Fwd L cls up & hold) ;

123 {Dip Back & Hold} Stp bk L to COH & hold (Fwd R & hold) ;

123 {Forward Touch} Rec R FC wall, tch L to R (Rec L, tch R to L) ;

5-8 Full Box ;; Sway Left & Right ;;

123 {Full Box} Fwd L to wall, sd R, cls L (Bk R, sd L, cls R) ;

123 Bk R to COH, sd L, cls R (Fwd L, sd R, cls L) ;

123 {Sway Left} Side L to LOD tkng prtl wght while strtchng the same sd of the bdy [with the hd swaying twd the opp direction of stp], cont to transfer wght to ft & comm strghtning bdy, complt transfer of wght to L ft with bdy upright ovr wghted ft drwing oppos ft slightly ;

123 {Sway Right} Side R to RLOD tkng prtl wght while strtchng the same sd of the bdy [with the hd swaying twd the opp direction of stp], cont to transfer wght to ft & comm strghtning bdy, complt transfer of wght to R ft with bdy upright ovr wghted ft drwing oppos ft slightly ;

9-12 Solo Waltz Turn 6 ;; Lace Across ; Forward Waltz ;

123 {Solo Waltz Turn 6} Fwd L comm LF trn away frm prtner, cont trn sd R, cls L to complt 3/4 trn (Fwd R comm RF trn awy frm prtner cont trn sd L, cls R to complt 3/4 turn) ;

123 Bk R comm LF trn, cont trn sd L, cls R to BFLY (Bk L comm RF trn, cont trn sd R, cls L to BFLY) ;

123 {Lace Across} Passing bhnd W with ld hnds jnd mvng diagonally acrss LOD fwd L, fwd R, cls L (Passing in frnt of M undr jnd ld hnds & mvng diagonally acrss LOD fwd R, fwd L, cls R) ;

123 {Forward Waltz} Fwd R, fwd L, cls R (Fwd L, fwd R, cls L) ;

13-16 Lace Her Back ; Forward Waltz – Picking Up (FC Line) ; Progressive Box ;;

123 {Lace Her Back} Passing bhnd W with trl hnds jnd mvng diagonally acrss LOD fwd L, fwd R, cls L (Passing in frnt of M undr jnd trl hnds & mvng diagonally acrss LOD fwd R, fwd L, cls R) ;

123 {Forward Waltz-Picking Up} To LOD fwd R, fwd L, fwd R (M lds W fwd L comm LF trn, fwd R cont LF trn, fwd L cont LF trn to FC prtner) comm blnd to cls pos ;

123 {Progressive Box} Fwd L to LOD, sd R, cls L (Bk R, sd L, cls R) ;

123 Fwd R to LOD, sd L, cls R (Bk L, sd R, cls L) ;

17 Canter (To Center) ;

123 {Canter} Sd L, drw R, clse R (Sd R, drw L, cls L) ;

PART A

1-4 Left Turning Box ;;;;

- 123 {**Left Turning Box**} Fwd L comm 1/4 LF trn, complt trn sd R, cls L (Bk R comm 1/4 LF trn, complt trn sd L, cls R) ;
- 123 Bk R comm 1/4 LF trn, complt trn sd L, cls R (Fwd L comm 1/4 LF trn, complt trn sd R, cls L) ;
- 123 Fwd L comm 1/4 LF trn, complt trn sd R, cls L (Bk R comm 1/4 LF trn, complt trn sd L, cls R) ;
- 123 Bk R comm 1/4 LF trn, complt trn sd L, cls R (fwd L comm 1/4 LF trn, complt trn sd R, cls L) ;

5-8 2 Left Turns ; (FC Wall) ; Balance Left ; Reverse Twirl 3 ;

- 123 {**2 Left Turns**} Fwd L comm up to 1/4 LF trn, cont trn sd R diagonally acrss LOD trng up to 1/4 LF, cls L (Bk R comm up to 1/4 LF trn, cont trn sd L twd LOD trng up to 1/4 LF, cls R) ;
- 123 Bk R comm up to 1/4 LF trn, cont trn sd L twd LOD trng up to 1/4 LF, cls R (Fwd L comm up to 1/4 LF trn, cont trn sd R diagonally acrss LOD trng up to 1/4 LF, cls L) ;
- 123 {**Balance Left**} Sd L, bhd L with R, rec L (Sd R, bhd R with L, rec R) ;
- 123 {**Reverse Twirl 3**} With prttrs fcg M L & W R hnds jnd sd & fwd R to RLOD, fwd L, cls R (Sd & fwd L trng 1/2 LF undr jnd hnds, sd & bk R trng 1/2 LF, sd L) ;

9-12 Thru Twinkle ; Thru FC Close (BFLY) ; Waltz Away ; Wrap The Lady (FC Line) ;

- 123 {**Thru Twinkle**} Thru L to RLOD comm. trn to FC prttr, sd R cmpltg trn to a fcg V pos, cls L (Thru R to RLOD comm. trn to FC prttr, sd L cmpltg to a fcg V pos, cls R) ;
- 123 {**Thru FC Close**} Fwd R btwn prttr with a reaching stp, sd L to FC prttr, cls R ft to L (Fwd L btwn prttr with a reaching stp, sd R to FC prttr, cls L ft to R) ;
- 123 {**Waltz Away**} Stp L to Opn/LOD trng slightly LF away from ptr, sd R to LOD/COH to slightly bk to bk, cls L (Stp R to Opn/LOD trng slightly away from ptr, sd L to LOD/Wall to slightly bk to bk, cls R) ;
- 123 {**Wrap The Lady**} Fwd R to LOD, fwd L, fwd R (W comm LF trn L, R, L to wrapped pos FC LOD) ;

13-16 Forward Waltz ; Thru FC Close ; Balance Left & Right ;

- 123 {**Forward Waltz**} In wrapped pos fwd L, R, L (Fwd R, L, R) ;
- 123 {**Thru FC Close**} Fwd R btwn prttr with a reaching stp, sd L to FC prttr, cls R ft to L (Fwd L btwn prttr with a reaching stp, sd R to FC prttr, cls L ft to R) ;
- 123 {**Balance Left**} Sd L, bhd L with R, rec L (Sd R, bhd R with L, rec R) ;
- 123 {**Balance Right**} Sd R, bhd R with L, rec R (Sd L, bhd L with R, rec L) ;

PART B

1-4 Waltz Away & Together ; Step Swing ; Spin Manuv ;

- 123 {**Waltz Away**} Stp L to Opn/LOD trng slightly LF away from ptr, sd R to LOD/COH to slightly bk to bk, cls L (Stp R to Opn/LOD trng slightly away from ptr, sd L to LOD/Wall to slightly bk to bk, cls R) ;
- 123 {**Waltz Together**} Stp R to LOD trng to FC prttr, sd L, cls R ending in BFLY FC Wall (Stp L to LOD trng to FC prttr, sd R, cls L ending in BFLY) ;
- 123 {**Step Swing**} Comm LF trn fwd L to LOD, swng R fwd thru twd LOD, brng R ft bk besd L (Comm RF trn fwd R to LOD, swng L fwd thru twd LOD, brng L ft bk besd R) ;
- 123 {**Spin Manuv**} Fwd R comm RF upper bdy trn, cont RF trn to FC prttr sd L, cls R (Comm LF spn in plc L, R, L to end fcng LOD & prttr) ;

5-8 2 Right Turns ; (FC Wall) ; Twirl Vine 3 ; Thru FC Close ;

- 123 {**2 Right Turns**} Bk L comm up to 1/4 RF trn, cont trn sd R twd LOD trng up to 1/4 RF, cls L (Fwd R comm up to 1/4 RF trn, cont trn sd L diagonally acrss LOD trng up to 1/4 RF, cls R) ;
- 123 Fwd R comm up to 1/4 RF trn, cont trn sd L diagonally acrss LOD trng up to 1/4 RF, cls R (Bk L comm up to 1/4 RF trn, cont trn sd R twd LOD trng up to 1/4 RF, cls L) FC wall ;
- 123 {**Twirl Vine 3**} With prttrs fcng M L & W R hnds jnd sd L, XRIB slght RF trn, sd L (Sd & Fwd R trng 1/2 RF undr jnd hnds, sd & bk L trng 1/2 RF, sd R) ;
- 123 {**Thru FC Close**} Fwd R btwn prttr with a reaching stp, sd L to FC prttr, cls R ft to L (Fwd L

btwn prtnr with a reaching stp, sd R to FC prtnr, cls L ft to R) ;

9-12 Waltz Away ; Waltz Pickup (FC Line) ; Start 3 Progressive Twinkles ;:

- 123 {**Waltz Away**} Stp L to Opn/LOD trng slightly LF away from ptrn, sd R to LOD/COH to slightly bk to bk, cls L (Stp R to Opn/LOD trng slightly away from ptrn, sd L to LOD/Wall to slightly bk to bk, cls R) ;
- 123 {**Waltz Pickup**} Fwd R to LOD, sd L to CP, cls R (W fwd L comm trn LF, sd R cont LF trn to CP, cls L) ;
- 123 {**Progressive Twinkle**} XLIF of R to DLW, sd R trn LF FC DLC, cls L (XRIB of L, sd L trn LF, cls R) ;
- 123 {**Progressive Twinkle**} XRIF of L to DLC, sd L trn RF FC DLW, cls R (XLIB of R, sd R trn RF, cls L) ;

13-16 Finish 3 Progressive Twinkles ; Forward FC Close (FC Wall) ; Waltz Away ; Waltz Pickup (FC Line) ;

- 123 {**Progressive Twinkle**} XLIF of R to DLW, sd R trn LF FC DLC, cls L (XRIB of L, sd L trn LF, cls R) ;
- 123 {**Forward FC Close**} Fwd R comm RF trn, sd L cont RF trn FC wall, cls R (Bk L comm RF trn, sd R cont RF trn, cls L) ;
- 123 {**Waltz Away**} Stp L to Opn/LOD trng slightly LF away from ptrn, sd R to LOD/COH to slightly bk to bk, cls L (Stp R to Opn/LOD trng slightly away from ptrn, sd L to LOD/Wall to slightly bk to bk, cls R) ;
- 123 {**Waltz Pickup**} Fwd R to LOD, sd L to CP, cls R (W fwd L comm trn LF, sd R cont LF trn to CP, cls L) ;

Repeat PART A

Repeat PART B

ENDING

1-4 2 Left Turns ; FC Wall ; Full Box ; (To BFLY) ;

- 123 {**2 Left Turns**} Fwd L comm up to 1/4 LF trn, cont trn sd R diagonally acrss LOD trng up to 1/4 LF, cls L (Bk R comm up to 1/4 LF trn, cont trn sd L twd LOD trng up to 1/4 LF, cls R) ;
- 123 Bk R comm up to 1/4 LF trn, cont trn sd L twd LOD trng up to 1/4 LF, cls RF FC wall (Fwd L comm up to 1/4 LF trn, cont trn sd R diagonally acrss LOD trng up to 1/4 LF, cls L) ;
- 123 {**Full Box**} Fwd L, sd R, cls L (Bk R, sd L, cls R) ;
- 123 Bk R, sd L, cls R (Fwd L, sd R, cls L) ;

5-8 Waltz Away ; Forward Waltz – Wrap Lady Up ; Lace Across ; Drift Apart ;

- 123 {**Waltz Away**} Stp L to Opn/LOD trng slightly LF away from ptrn, sd R to LOD/COH to slightly bk to bk, cls L (Stp R to Opn/LOD trng slightly away from ptrn, sd L to LOD/Wall to slightly bk to bk, cls R) ;
- 123 {**Forward Waltz-Wrap Lady**} Fwd R to LOD, fwd L, fwd R (W roll L, R, L to wrapped pos FC LOD) ;
- 123 {**Lace Across**} Passing bhnd W with ld hnds jnd mvng diagonally acrss LOD fwd L, fwd R, cls L (Passing in frnt of M undr jnd ld hnds & mvng diagonally acrss LOD fwd R, fwd L, cls R) ;
- 123 {**Drift Apart**} Stp sd R to DLW drifting aprt pnt R ft to ptrn (Stp sd R to DLC drifting aprt pnt L ft to ptrn) ;

Note: Fade Out Music around 3:22

BREAK UP TO MAKE UP

Choreographed By: Paul & Linda Robinson, 14471 S. 4050 Rd, Oologah, OK
Phase: II – Waltz - Speed: Increase By 10% - Open FC Wall – Trail Feet Free –
1 Measure Wait ;

Sequence: Intro-A-B-A-B-END

Released: May 2015

INTRO

1 Measure Wait ; Step Together Touch ; Dip Back & Hold ; Forward Touch ;
Full Box ;; Sway Left & Right ;; Solo Waltz Turn 6 ;; Lace Across ;
Forward Waltz ; Lace Her Back ; Forward Waltz – Picking Up (FC Line) ;
Progressive Box ;; Canter (To Center) ;

PART A

Left Turning Box ;;; 2 Left Turns ; (FC Wall) ; Balance Left ;
Reverse Twirl 3 ; Thru Twinkle (To Semi) ; Thru FC Close (BFLY) ;
Waltz Away ; Wrap The Lady (FC Line) ; Forward Waltz ;
Thru FC Close ; Balance Left & Right ;;

PART B

Waltz Away & Together ;; Step Swing ; Spin Manuv ;
2 Right Turns ; (FC Wall) ; Twirl Vine 3 ; Thru FC Close (BFLY) ;
Waltz Away ; Pickup The Lady Up ; 3 Progressive Twinkles ;;;
Forward FC Close (FC Wall) ; Waltz Away ; Pickup (FC Line) ;

PART A

Left Turning Box ;;; 2 Left Turns ; (FC Wall) ; Balance Left ;
Reverse Twirl 3 ; Thru Twinkle (To Semi) ; Thru FC Close (BFLY) ;
Waltz Away ; Wrap The Lady (FC Line) ; Forward Waltz ;
Thru FC Close ; Balance Left & Right ;;

PART B

Waltz Away & Together ;; Step Swing ; Spin Manuv ;
2 Right Turns ; (FC Wall) ; Twirl Vine 3 ; Thru FC Close (BFLY) ;
Waltz Away ; Pickup The Lady Up ; 3 Progressive Twinkles ;;;
Forward FC Close (FC Wall) ; Waltz Away ; Pickup (FC Line) ;

ENDING

2 Left Turns ; FC Wall ; Full Box ; (To BFLY) ; Waltz Away ;
Forward Waltz – Wrap Lady Up ; Lace Across ; Drift Apart & Point ;
Note: Fade Music Out